

DOFF

COVID Cohort Unit
Exiting patient room
OR entering common anteroom



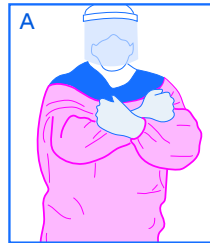
EXTEND USE



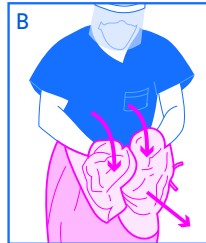
TRASH IF
VISIBLY SOILED

Take off before exiting patient room OR entering common anteroom

1. Take **off** gown.



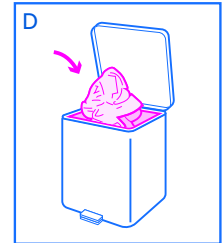
Break neck tie by crossing arms and pulling gown at shoulders.



Pull out arms to turn gown inside out, breaking waist tie.

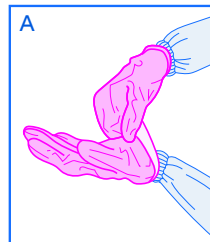


Roll up inside-out gown.

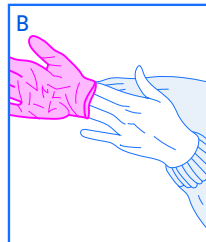


Put in trash.

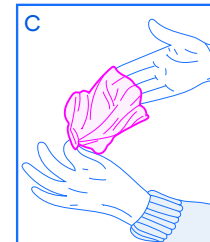
2. Peel **off** gloves.



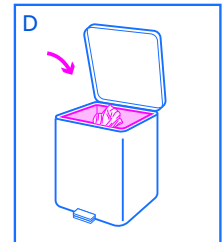
Pinch palm of one hand and pull off.



Use index finger of bare hand to dig under wrist of remaining glove. Push up.

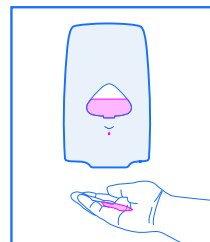


Only touching the inside, pull remaining glove off the hand.



Put in trash.

3. Hand hygiene.



Exit patient room or enter common anteroom